

# Sports smart watch

## User Manual

### DT3 Mate



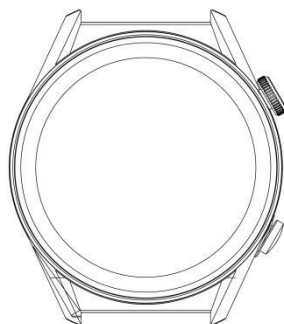
**Thank you for choosing our smart watch. You can fully understand the use and operation of the equipment by reading this manual.**

**The company reserves the right to modify the contents of this manual without any prior notice.**

The product contains: a packing box, a manual, a watch body, and a charging cable.

#### **A. Watch function description**

Button description:



### **Up button:**

Short press to light up or turn off the screen; one press to go back the dial interface; long press to reactivate the watch.

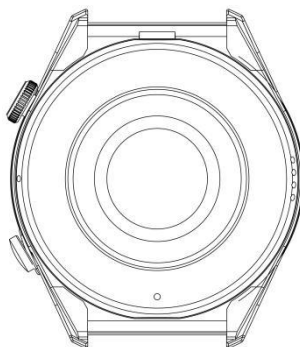
### **Button down:**

Short press to enter multi-sport mode.

In addition, when the watch is in the off-screen state, you can light up the screen by pressing any buttons.

### **Charging instructions:**

Wireless charging, as shown in the picture below.



### **1.1 Shortcut function:**

- 1) Swipe to the left till you find the "+" icon, click the icon to add part of the functions in the shortcut.
- 2) Scroll down the screen when the watch is in the dial interface, you can find Bluetooth connection status, time, power, brightness adjustment and other functions.

- 3) Swipe to the right when the watch is in the dial interface, you can find time/date/week/the latest message (enter to view multiple messages)/some of the recently used menu functions, and turn on or off audio Bluetooth for calls.
- 4) Swipe up the screen when the watch is in the dial interface to enter the menu interface, and scroll up and down to find the corresponding function.
- 5) Long press the watch face interface and swipe to right or left to switch the watch face, select one of them and set it with one-click.

## **1.2 App notification**

- 1) When the watch is bound to the APP, and you allow the watch to display notifications on the watch, the new messages received in your mobile phone will be pushed to the watch, and a total of 10 messages can be saved. The messages received after 10 messages will be overwritten one by one.
- 2) Swipe to the bottom to click the delete icon to clear all message records.

## **1.3 Drop-down menu**

Scroll down the screen when the watch is in the dial interface to enter the drop-down menu interface.

- 1) Bluetooth connection status; time; power left;
- 2) About, where you can check the firmware version of watch and the address of the Bluetooth
- 3) Setting, where you can enter it to set part of the functions;
- 4) Brightness adjustment; where you can adjust the brightness of the screen;
- 5) Alipay. Download the app Alipay in your mobile phone and bind it with your watch to realize offline payment.

## **1.4 Phone/Call History**

1. Swipe to the left when the watch is in the watch interface, click the calling icon to turn on/off the calling Bluetooth. Turn on the calling Bluetooth, you will find the name of the calling Bluetooth, then go to the Bluetooth settings of your mobile phone, and bind the Bluetooth in the name of the calling Bluetooth of your watch. You can use the watch to make phone calls when they are successfully bound.
2. Call records, which can save the records of incoming and dialed calls. (It can save more than 50 call records, and it will be automatically overwritten when 128 records are full. Click any call record to call back)
3. Dial the keyboard, you can enter the phone number to make a call.

## **1.5 message**

When the watch is successfully bound to the app, and you approve notifications of corresponding apps in your mobile phone system, and switch on these apps or callings notifications functions on your watch, the notifications on your mobile phone can synchronize to your watch.

### **1.5.1. Incoming call notification:**

Turn on the incoming call reminder in the app. When the phone has a incoming call, the watch will light up or vibrate.

### **1.5.2. SMS notification:**

Enable the SMS notification in the app. When one or more SMS messages are received on the mobile phone, the watch will receive one or more SMS reminders at the same time.

#### 1.5.3. Other application message notifications:

Turn on the corresponding application message notification in the app, such as WeChat, QQ, Outlook, Facebook and other applications. When the mobile phone receives one/multiple application message notifications, the watch will receive one/multiple corresponding message reminders at the same time.

## 1.6 Frequently used contacts

The watch binds to the app, and you allow the watch to access to the phone book of your mobile phone, then you can synchronize you contacts of your mobile phone to the smartwatch.

## 1.7 Fitness data

Fitness data is turned on by default. When you enter the fitness data interface, scroll up the screen, the smartwatch will display the current data of steps, distance, and calories. The data will be wiped out at 00:00 every day in the morning.

## 1.8 Sports modes (walking, running, cycling, rope skipping, badminton, basketball, football)

1.8.1 Select the corresponding exercise mode, click the “Start” button on the screen to start the exercise; click the “Start” button again to pause the recording of the exercise; click the “End” button to end the recording, and save to the data.

1.8.2 The data can only be saved when the recording of the exercise is more than 1 minute; If the recording time is less than 1 minute, the smartwatch will remind you that the data is too little to be saved.

## 1.9 Heart rate

After you wearing the smartwatch correctly, you can measure heart rate when you enter the heart rate function. If you don't wear the smartwatch properly, it will remind you to wear firmly for the measurement.

## 1.10 ECG

After you wearing the smartwatch correctly, and enter the ECG function(you need to turn on the ECG interface in the app, you can have single measurement at a time. The data of ECG will be saved in the mobile phone. This function should be used with the app.

## 2.0 My QR code

Connect the watch to the APP, find My QR Code in the APP, select WeChat/QQ/Alipay and other "Receive money QR code" to sync to the watch (Please follow the instructions of the app to operate the function).

## 2.1 Remote control music

Bind the smartwatch to the app WearPro, you can control the music to start/pause/play previous song/play next song of your phone.

Bind the audio/calling Bluetooth of the smartwatch also, the music will be broadcast on the smartwatch.

## **2.2 Sleep**

Sleep monitoring time period: from 18:00 at night to 10:00 the next day, the data will be generated by the watch. After connecting to the APP, the sleep data on the watch can be synchronized to the APP for you to check.

## **2.3 stopwatch**

Click the stopwatch to enter the timing interface, and you can record the time once.

## **2.4 Weather**

After the smartwatch is connected to the app and the data is synchronized, tap Weather on the watch to display the weather information for the day.

## **2.5 Find mobile phone**

After the watch is bound to the app WearPro, tap this function to find the mobile phone, and the mobile phone will vibrate or emit a ringtone.

## **2.6 Meteorology**

Click on “Meteorology” on the watch to display the ultraviolet (UV) and air pressure conditions of the day.

## **2.7 Massager**

Tap the green button to start the massage, and the watch is in a vibrating state, tap the red button to end the massage state.

## **3.0 Menu style**

There are a variety of menu styles for users to choose.

### **3.1 Settings**

- 1) You can select the watch language on the settings of the watch, or the watch language can be synchronized with your mobile phone language after the watch successfully binds to the APP.
- 2) Switch the watch face, swipe to the right to view the next watch face, select a watch face, and click it to set the watch face.
- 3) Set screen time; a variety of screen time lengths can be selected.
- 4) Vibration intensity; set reminder vibration intensity.
- 5) Password; a 4-digit password can be set (if you forget the password, please enter 8762 to decrypt the previous password).
- 6) Restore factory settings; click √ to enable the factory reset, and click X to cancel the factory reset.

## **B. Bind to the APP**

### **1. APP download method**

#### **1.1 Scan the QR code to download**




#### **1.2 Search the application at App market and download**

For Android users:

Search for "WearPro" in the Google Play app store or any customized Android store to download, remember to check the pop-up box on your phone when installing, and agree to the permission.

For iOS users:

Search for "WearPro" in the APP Store to download, remember to check the pop-up box on your phone when installing, and agree to the permission.

After WearPro is installed, the app icon appears as .

### **2. Bind Bluetooth**

#### **2.1 Unconnected to the APP state:**

After the watch is turned on, the Bluetooth will be in the state of being searched. After open the APK/APP, go to Devices > Add Device > click to start searching, select and click the corresponding watch device name, and the watch will be successfully bound to the app.

#### **2.2 Connected to the APP state:**

Watch time synchronization: the time shown at the smartwatch and your mobile phone will be synchronized after the smartwatch is bound to the APP successfully.

#### **2.3 Binding the audio/calling Bluetooth**

When the smartwatch is in the dial interface, you can find the audio/calling Bluetooth icon, and click it to turn it on, then go to the Bluetooth settings of your mobile phone and click the name of the audio/calling Bluetooth of the smartwatch to bind it.

### **3. Find Watch**

After the smartwatch is bound to the APP, you click "Find Watch" in the APP, the smartwatch will light up and vibrate for once.

### **4. Camera**

Click “camera” in the app WearPro to wake up the camera mode of the watch, click the camera button on the watch to take photos, and the photos will be automatically saved to the phone album.

## **5. Data synchronization**

After the watch is successfully bound to the application, the data in the smartwatch can be synchronized to the application.

## **6. Tilt to wake the screen**

Wear the smartwatch correctly on your wrist (left/right hand). when you switch on the feature, you can light up the screen when you raise up your wrist.

## **7. Do not disturb mode**

In the APP, tap “Device” > “More” > “Do not disturb mode”, set the start to end time, such as 12:00 to 14:00, then you won’t receive phone calls and apps notifications on the watch during this period.

## **8. Daily alarm clock**

In the APP in the APP Device>More, set the start and the end time, the alarm can be set only once or repeatedly on the date (week) setting, and the alarm can be turned on/off.

## **9. Sedentary reminder**

Set the start and the end time of the sedentary reminder, and the time interval (minutes) in the APP. You can set the reminder for once or to repeat regularly by entering the repeating setting. When the sedentary time is reached, the watch will vibrate and display a sedentary icon on the screen.

## **10. Drink water reminder**

Set the reminder frequency (minutes) and the time period of the start and the end in a day in the APP. You can set the reminder for once or to repeat regularly by entering the repeating setting and selecting the date (week) of the water reminder. When the time of drink water reminder is reached, the watch will vibrate and there will be a water icon on the screen.

## **11. Dial push**

### **11.1.Push an existing watch face**

Bind the watch and the app, open the app, tap Device > Watch face push, the watch will restart and bind the APP automatically after the synchronization of the watch face.

### **11.2. Customize the watch face**


Bind the watch and the app, open the app, tap Device > Watch face push, the first several watch faces marked with “custom watch faces” are customizable. The watch will restart and bind the APP automatically after the synchronization of the watch face.

## **12. Firmware version**

The version of the watch is displayed on “Firmware upgrade” in the column of “Device”, and users can decide to whether upgrade the firmware version.

### **13. Unbind**

In the "Device" column of WearPro, scroll down to the "Unbind" and click to unbind the APP. The ISO users need to go to the Bluetooth settings of the phone, select the Bluetooth name of the

smart watch, and click "Forget this device". The “About”  of the watch has an “Unbind” button, click it to unbind or do it in the APP. For the safety of users’ data, the watch will implement a factory reset after that.

### **●Frequently asked questions and answers**

**\*Please avoid exposing the device to extreme temperatures that are too cold or too hot for a long time, which may cause permanent damage.**

**\*Why can't I take a hot bath with my watch?**

The temperature of the bath water is relatively changed, it will produce a lot of water vapor, and the water vapor is in the gas phase, and its molecular radius is small, and it is easy to seep into the gap of the watch case. The internal circuit of the watch is short-circuited, which damages the circuit board of the watch and damages the watch.

**\*No power on, no charging**

If you receive the goods and the watch does not turn on, it may be caused by a collision during the transportation of the watch and the battery Seiko board has been protected, so plug in the charging cable to activate it.



**If the battery is too low or the watch does not turn on after a long period of time, please plug in the data cable and charge it for more than half an hour to activate.**

**Warranty description:**

**1. If there are any quality problems caused by manufacturing, materials, design, etc. in normal use, the motherboard of the watch is guaranteed for repair for free within one year, while the battery and charger within half a year from the date of purchase.**

**2. No warranty is provided for failures caused by the user's personal reasons, as follows:**

**1). Failure caused by unauthorized disassembly or modification of the watch.**

**2). Failure caused by accidental fall during use.**

**3). All man-made damages or the third party's fault, or misuses (such as: water in the device, cracking by external force, scratches on the case, damage, etc.) are not covered in the warranty.**

**3. When requesting the warranty service, please provide a warranty card with the date of purchase and the stamp of the place of purchase on it.**

**4. When the user needs the device repaired, please take the device to our company or our company's dealership.**

**5. All functions of the device please refer to the actual product.**

**Purchase date:**

**IMEI code:**

**Where to buy:**

**Customer Signature:**

**Signature of Store Clerk:**

**Stamp of Store:**

**FCC Caution:**

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

**FCC ID:2A54U-DT3MATE**